

List of Contributors

David Adams is a business and leadership coach working with individuals and groups. A chartered accountant, and a former chief executive officer of a major stockbroker, he runs groups for Vistage, the world's leading chief executive membership organization. He is an accredited member of the Association for Coaching and an international performance poet. david@dhadams.co.uk

Anne Archer works with individuals and organizations from the public and private sector to develop resourceful and resilient leaders. She has worked in the United States and Europe and has coached clients from the United States, Australia, South Africa, India, Europe, Canada and New Zealand. www.annearcherassociates.com

Caroline Shola Arewa has transformed lives using Health and Success Coaching for over 20 years. She is author of three books and numerous articles, a humanistic psychologist and yoga master. Shola trained practitioners in complementary medicine for 10 years and is currently a spiritual coaching trainer. She also directs Energy 4 Life. www.shola.co.uk

Elsbeth Campbell is an organizational consultant, and an Association for Coaching accredited executive coach and supervisor with cross-sector experience from management consultancy. She is a skilled communicator with a deep understanding of human issues, and is qualified in psychology and psychometric testing. Elsbeth has an MSc

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Christine K. Champion is founder of Acumen Executive Coaching Ltd and an Associate on the Masters Programme in Coaching and Mentoring at Oxford Brookes University. An experienced, accredited executive coach and coaching supervisor, with an MBA from Henley, Christine sees coaching as a tool situated at the heart of organizational strategy. ckc@acumen-executive.com

Heather Cooper is Director of executive coaching at Gordon Cooper Associates, and runs the online 360-degree analysis company Executive Coaching Tools. Both companies design bespoke management development, executive coaching and 360-degree solutions to help individuals, teams and organizations perform. Heather can be contacted via www.gordoncooper.co.uk or www.executivecoachingtools.co.uk

Julia Cusack is a leadership development consultant and executive coach, and has worked for GCHQ and Bridge Consulting. Her attention to the significance and use of words features extensively in her coaching practice. She is also a graduate and associate faculty member of the Academy of Executive Coaching's Advanced Diploma programme. www.juliacusack.co.uk

Gill Dickers is an experienced leadership and corporate coach and trainer. She offers a fresh and flexible approach using a range of creative techniques to promote change. She has extensive experience and has developed and delivered many successful courses in public, charity and voluntary agencies. www.gdcoaching.co.uk

Angela Dunbar is an accredited coach, and council member of the Association for Coaching, nominated for 'Influencing Service to the Profession of Coaching' and 'Impacting Service to the Wider Community' AC Honorary Awards in 2008. Angela specializes in Clean Language and Emergent Knowledge. www.angeladunbar.co.uk

Denis Gorce-Bourge is a corporate coach, psychotherapist, NLP master and practitioner in hypnosis, TLT, EFT and visualization. He specializes in emotional, stress-related issues and change management. He runs conferences and workshops for corporate and private clients in England and abroad. His professional accreditations are at www.gbcoaching.co.uk

Bruce Grimley is a chartered occupational psychologist, accredited coach and NLP trainer. He is an assessor for the British Psychological Society Level A psychometric courses and original founding council member of the Association for Coaching (AC). He initiated the current AC competency framework. Bruce is an Associate Fellow of the British Psychological Society and coaches from an NLP perspective. www.achieving-lives.co.uk; www.innergame.co.uk

Gill Hicks is a personal communications specialist. As a coach and trainer, she works to develop outstanding interpersonal skills leading to a powerful professional impact and greater confidence. She has over 20 years' experience across many industry sectors. She is an NLP master practitioner, coach and member of the Association for Coaching. gill@gillhicks.co.uk

Diana Hogbin-Mills is a director at Talentmax. She is Head of Research for the Association for Coaching, a Fellow of the RSA and affiliate of the CIPD. She is an accredited coach, an NLP practitioner and has a degree in Psychology. She regularly writes and speaks on talent and career issues. www.talentmax.co.uk

Mags McGeever is a life enthusiast and professional coach. She enjoys working with a wide variety of clients on a range of issues and is also an accredited advanced confidence coach. Her background is in law, where she gained a 1st-class degree, and worked in both commercial practice and academia before moving into coaching. hello@magsmcgeever.com

Gladeana McMahon is director of professional coaching standards for Cedar TM. She is Fellow and Chair of the

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Peter Melrose is an experienced independent executive coach who works with large corporate organizations at senior level. He spent 13 years in the Hay Group where he was a director and shareholder. He is an associate member of the British Psychological Society, a member of the International Coach Federation (ICF) and holds a Master Coach qualification from the Academy of Executive Coaching (AoEC). peter.melrose@blueyonder.co.uk

Joan O'Connor is an executive coach, group facilitator and consultant in leadership development. Qualified in different coaching disciplines, she takes an integrated approach to her work, encouraging individuals to achieve positive, sustainable change. Joan practices through her own business, is an associate for Cedar TM, and an advisor to The Writer. Joan@thinkpurple.co.uk

Darryl Stevens is an advanced accredited executive coach (ICF accredited programme) with over 15 years' senior experience with global organizations and a degree in international business management. He blends multi-discipline and multi-sector leadership experience with psychology and coaching mastery. He has ongoing connections with Harvard University and is Assistant Faculty on the Academy of Executive Coaching Advanced Diploma Programme. darryl.stevens@aoec.com

Penny Swinburne has over 20 years' UK and international experience, across diverse sectors, of executive and personal development coaching, managing coaching contracts and training coaches. She is a chartered psychologist, founder member of the Association of Business Psychologists and a member of the Chartered Institute of Personnel and Development. penny@psa1.fsnet.co.uk

Aidan Tod's added value is in facilitating individuals and teams to achieve their objectives faster and to higher quality

than they would have done on their own. Aidan uses his extensive experience of people, organizations and change in international human resources with blue-chip and government organizations to do this. www.12exec.co.uk

Helen Warner is an independent executive and leadership coach. She is a member of the Association for Coaching and a graduate member of the Chartered Institute of Personnel and Development. She has a Foundation Certificate in Family Therapy and has an honours degree in Experimental Psychology. www.abbeywarner.com